

# Pause

You chose to cut back for a reason.  
You don't have to decide everything right now.

Take a breath.  
This moment will pass.  
You got this.

Progress  
over  
perfection.

<sup>The</sup>  
**Cutback Card**

Lets  
**Budvocate**

**My why**

**My intention:**

**What if go off track?**